TAKE CARE OF YOUR FEET
The objective of education is to change the self care-behavior of the patient.
HOW CAN WE CHANGE BEHAVIOR?

- Increase motivation and skills of patients
- Repeated educational sessions
- More than educational method e.g audiovisual and reading methods
WHAT MESSAGE TO SAY?
HOW TO SHOP FOR SHOES

- Patients without loss of protective sensation can select off-the-shelf footwear by themselves.

- Patients with neuropathy and/or ischemia extra care must be taken with the fitting, particularly when foot deformities are also present.
HOW TO SAY THE MESSAGE ?