Pathological Nails

“The forgotten problem”

Omnia state MD

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Mansoura Diabetic Foot Team
Onychauxis
Onychogryphosis
Ingrown Toenail
(Onychocryptosis)

- Nail edge vertical than horizontal
- Skin at the nail edge thickens and becomes hardened
turn the nail edge downward
• Prevention
• Treatment:
  Antibiotics
  Surgical
Onchycomycosis

- Distal/lateral subungual onychomycosis
- Proximal subungual onychomycosis
- Total dystrophic onychomycosis
Distal/lateral subungual onychomycosis
Proximal subungual onychomycosis
Total dystrophic onchomycosis
Superficial onychomycosis

Uncommon

*Trichophyton mentagrophytes*
Treatment

Palliative treatment

Active treatment

• Topical
• Systemic
• Surgical
Palliative

regular debulking and thinning of the nail
Topical

- Ciclopirox olamine 8% lacquer (Penlac)
  daily for 48 weeks

- Ticonazole 28% paint (trosyd, topzol)
  twice daily for 6 to 12 months
**Systemic**

- **Terbinafine** (Lamisil, Fungisafe, Terbin)
  250 mg/d for 3 months

- **Itraconazole** (Sporanox, Itrapex)
  200 mg/d for 3 months or 7 days/month for 3 months

- **Fluconazol** (Diflucan)
  150 mg/w for 6-9 months
Acute paronychia
Chronic paronychia
Haematoma
Trauma
Don't forget!
Thank you!

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