

# Step by Step

Improving Diabetes Foot Care in Egypt

Advanced Training course

2 - 4 December 2010

## **Project committee**

### ***International:***

- **Dr. Karel Bakker**  
*Chairman of the IDF consultative section/IWGDF*
- **Dr. Stephan Morbach**  
*Chief of, Department of Diabetes and Angiology Marienkrankenhaus, Germany*
- **Eric Manning , PGDIP**  
*Twenteborg Hospital, Netherlands*

### ***Mansoura DF Team:***

- **Prof. Mamdouh EL-Nahas**  
*Diabetes & Endocrinology unit*
- **Prof. Hanan Gawish**  
*Project Manager*
- **Prof. Manal Tarshouby**  
*Director of the SMH*
- **Ass. Prof. Omnia State**  
*Diabetes & Endocrinology unit*

Thursday (2 Dec):

**12:00- 1:00: Arrival and Check in**

**2:00- 3:00: Lunch**

**4:00- 4:30: Pre-course evaluation**

**4:30- 5:00: Where we are now?**

4:30- 4:45 *Dr. Karel Bakker*

4:45- 5:00 *Prof. Hanan Gawish*

**5:00- 6:30: SBS Teams Experience (8 min each)**

- *Prof. Khaled El-hadidy*
- *Ass.Prof. Mohamed Mashahet*
- *Dr.El-Sayed El-Masry*
- *Ass.Prof. Yara Mohamed Eid*
- *Dr. Mohamed Motawea*
- *Dr. Basellos Fekrey*
- *Dr. Ezzat Kabary*
- *Dr. Ahmed El-Behery*
- *Dr. Walaa Anwar*
- *Ass.Prof. Mona Abdel-Salam*

**6:30- 7:00: Break**

**7:00 - 8:00: Foot Biomechanics**

**7:00- 7:30: Plantar Pressure**

*Prof. Manal Tarshoby*

**7:30- 8:00: Offloading**

*Prof. Hanan Gawish*

**8:00- 10:00: Dinner**

*Friday (3 Dec)*

**9:00 - 10:15: Diagnosis of DFU**

**1- Aetiology and pathogenesis of DFU**

*Ass.Prof. Omnia State*

**2- Clinical assessment of DFU**

*Prof. Mamdouh EL-Nahas*

**3- Infected DFU: Clinical and laboratory diagnosis**

*Prof. Manal Tarshoby*

**4- Wound classification system**

*Prof. Hanan Gawish*

**10:15- 11:40: Wound bed preparation**

**10:15-10:30: Short presentation for Debridement of DFU**

*Eric Manning, PGDIP*

**The delegates will be divided into two groups (A&B)**

**10:30 - 11:00:**

- **Group A:** Live demonstration of Ulcer Debridement  
*Eric Manning, PGDIP*
  
- **Group B:** wound dressing  
*Ass.Prof. Omnia State*

**11:10- 11:40:**

- **Group B:** Live demonstration of Ulcer Debridement  
*Eric Manning, PGDIP*
  
- **Group A:** wound dressing  
*Ass.Prof. Omnia State*

**11:40- 1:00: Friday pray and coffee break**

**1:00- 2:00: Offloading:**

- 1- Live demonstration of RCW and half shoes.  
*Prof. Mamdouh El-Nahas*
  
- 2 - Live demonstration of casting techniques  
*Eric Manning, PGDIP*

**2:00-3:30: Hands on training**

The delegates are divided into 5 groups and they practice casting for each other under supervision of the trainers.

**3:30-4:30: Lunch**

**4:30-5:30: PAD**

- Clinical diagnosis
- Investigation
- Treatment

*Dr. Stephan Morbach*

**5:30- 6:30: Plantar Pressure and Custom made insole.**

*Prof. Mamdouh El-Nahas*

**8:00- 10:00: Dinner**

Saturday 4 December 2010

**9:00- 10:00: Charcot foot**

- 1- Pathogenesis, clinical presentation and diagnosis

*Dr. Stephan Morbach*

- 2- Treatment

*Prof. Hanan Gawish*

**10:00- 10:30: Amputation**

*Prof. Manal Tarshoby*

**10:30- 11:00: Post-course evaluation**

**11:00- 11:30: Closing remarks**

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