

# TAKE CARE OF YOUR FEET



# PATIENT EDUCATION

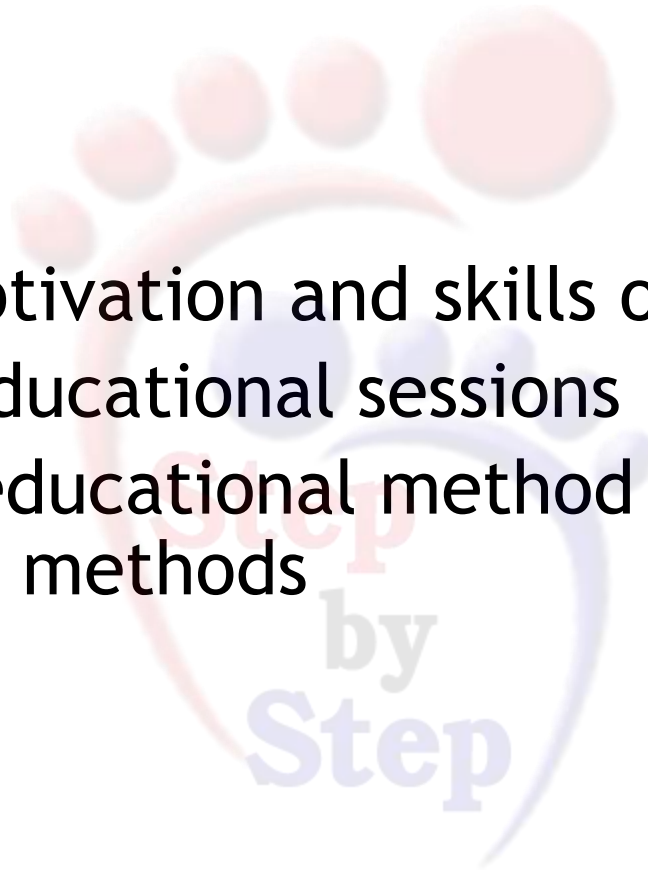
The objective of education is to change the self care-behavior of the patient



Step  
by  
Step

# HOW CAN WE CHANGE BEHAVIOR?

- ❑ Increase motivation and skills of patients
- ❑ Repeated educational sessions
- ❑ More than educational method e.g audiovisual and reading methods



WHAT MESSAGE TO SAY ?





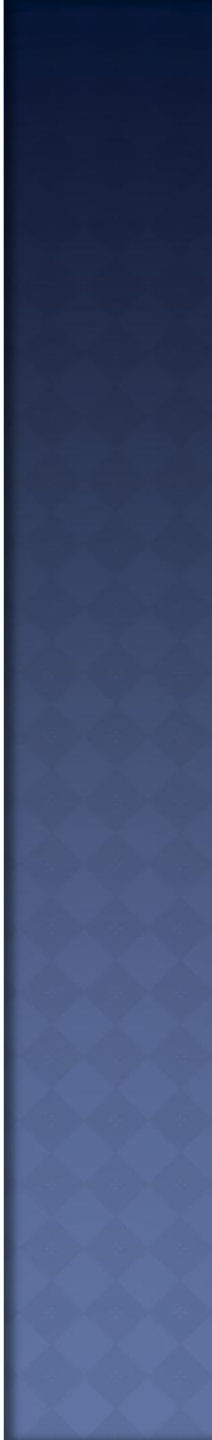


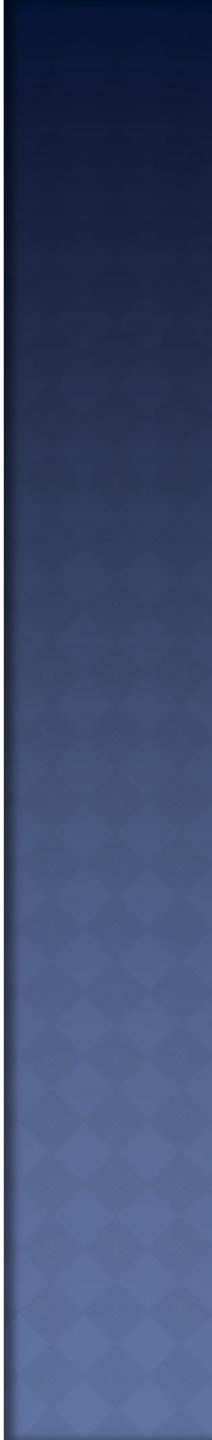






Step  
by  
Step



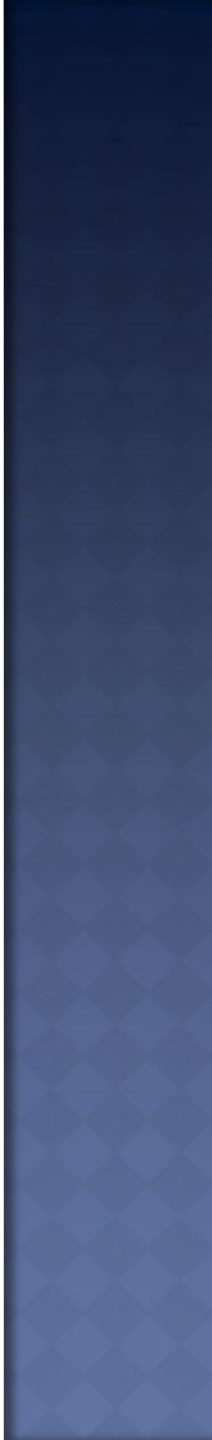




Step  
by  
Step



Step  
by  
Step











Step



Step

# HOW TO SHOP FOR SHOES

- Patients without loss of protective sensation can select off-the-shelf footwear by themselves.
- Patients with neuropathy and/or ischemia extra care must be taken with the fitting, particularly when foot deformities are also present.

HOW TO SAY THE MESSAGE ?





